



ACCOMMODATION

You can find several hotels with international standard in Nay Pyi Taw. If you are looking for budget accommodation, you can also opt for cheaper hotels with equally excellent services and facilities. Luxury hotels range from **120,000 Kyats to 180,000 Kyats** a night, while typical hotels are usually from **30,000 Kyats to 90,000 Kyats** for one night.



TRANSPORTATION TIPS

BY AIR

» The **flight** from Yangon to Nay Pyi Taw takes around **50 minutes**.

BY TRAIN

» The journey from Yangon takes about **9 hours**. Get off the train at Pyinmana and make your way to hotels near the centre of the city.

BY ROAD

» Take a **bus** from Yangon and travel for around **5 hours**. **Minibus** service from Inle Lake takes about **4 hours**.



Ministry of Hotels & Tourism
Welcomes You To The Golden Land.



SCAN ME!

myanmar
Be enchanted

LET'S GO!!

EXTRAORDINARY

Nay Pyi Taw

This is your chance to visit the capital city of Myanmar without worrying about crowds; you will find a peaceful and calm city here. Named the new capital in 2005, this city has museums, official government buildings and other monuments. The monumental Parliament House complex is a sight to behold along with its impressive 20-lane highway. With contemporary architecture and an interesting mix of cuisines, you'll experience a new Myanmar here!



The Parliament House is an architectural wonder not to be missed.



SIGHTS



CULTURE



OUTDOORS



SHOP

PARLIAMENT HOUSE

- » The **800-acre** complex has **31 buildings** built on the massive land. The Parliament House also doubles as the Presidential Palace. You shouldn't miss out on admiring this majestic architecture up close. The interior of these buildings are designed based on local culture and traditions.
- » To get the **best and undisturbed view** of this magnificent structure, you can observe it from **Bailey Bridge**.



UPPATASANTI PAGODA

- » This pagoda is an **exact replica** of the world-famous Shwedagon Pagoda in Yangon. Despite being smaller than the original Shwedagon Pagoda, this pagoda still stands tall at **100 metres**.
- » This pagoda also **houses a tooth relic** belonging to Buddha along with 4 magnificent jade Buddha images in the interior of the pagoda.

NATIONAL MUSEUM

- » The National Museum is divided into 5 buildings, labelled A, B, C, D and E. You will find a mini theatre in Building A, along with VIP rooms, a public area and a President's Gift Exhibition Room. Discover all about Myanmar's history from the information booths and knowledgeable staff.

GEMS MUSEUM

- » Explore and discover rare and precious stones at the Gems Museum. There is a **69-kilogramme jade** boulder and also a ruby believed to be Myanmar's **largest ruby**, weighing **21,450 carats**.

DEFENCE SERVICES MUSEUM

- » Located on a **604-acre site**, the impressive museum is home to a collection of buildings strategically built by the countryside. Visit this museum to learn about the country and its peoples' struggles to achieve independence.

ZOOLOGICAL GARDENS

- » This is the largest zoological site in Myanmar. The **500-acre** land houses **81 species of animals**, with **430 animals** in total. You can find native animal species as well as exotic animals such as a **white tiger, kangaroos** and even **penguins**.

PHOE KYAR ELEPHANT CAMP

- » Play with gentle elephants and help the locals bathe them at Phoe Kyar Elephant Camp. This camp also functions as a **great ecotourism site** for tourists looking for a relaxing break in nature.

NATIONAL LANDMARKS GARDEN

- » Take a visit to the National Landmarks Garden and witness the **intricate replicas of Myanmar's famous icons**. In this garden, you will be able to spot scaled-down versions of Shwedagon Pagoda, Ngapali Beach, Inle Lake and many more.

THAPYAYGONE MARKET

- » You can browse local products, handicrafts and souvenirs in this market. The local vendors and merchants are very friendly, especially towards tourists who are clearly enjoying their culture. Try bargaining with them; it is very normal to do so in Myanmar!

MYOMA MARKET

- » This market is a focal point of Nay Pyi Taw. With more than 200 shops occupying the business section, another 400 shops are situated behind. You can get all kinds of fresh vegetables and groceries there.
- » The business section sells interesting products you can only find in Myanmar, such as thanaka, a paste to apply on your face, special Mohingha in a pot, and longyis that are expertly measured and tailored just for you!