



myanmar  
*Be enchanted*

LET'S GO!!

# Loikaw

SMALL BUT MIGHTY

The capital of Kayah State is home to diverse ethnic groups. You will find 'long-neck' Kayan women wearing brass neck rings and Kayaw women in stunning traditional costumes. There are also the Lahtas who are famous for their exciting traditional performances, Kayah women wearing elaborate necklaces and big earrings with elongated earlobes, and many more ethnic groups in Kayah State. Fall in love with the charms of Loikaw as you explore this small town teeming with cultural diversity and authentic traditions.



## TRANSPORTATION TIPS

It takes **7 hours** to travel from Kalaw to Loikaw by bus, **departing at 4.30am**. Bring a blanket along as it might be chilly in the bus. An alternative is from Nyaung Shwe, Inle Lake. There is a minivan that takes tourists to Loikaw twice a day, at about **8am** and **1pm**. Remember to book your tickets beforehand to secure a seat.

## GETTING AROUND TOWN

It is **easy to navigate** around Loikaw. You can either walk, rent a bicycle or motorbike to tour the town on your own, or go with a tour guide. Tuk-tuks and taxis are also available.



Ministry of Hotels & Tourism  
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SCAN ME!





The Kayan tribe is also known as Padaung people.



SIGHTS



FOOD



CULTURE



SHOP

### SEVEN STAGES LAKE

- » Consisting of 7 lakes interconnected by a small stream, this lake overlooks the vast scenery of the countryside with villages.
- » The captivating lake mirrors the majestic mountains around, creating a mesmerising world reflected on the calm waters.

### KAYAH STATE CULTURAL MUSEUM

- » Established in 1996, this museum holds plenty of antique legacies left behind by the ethnic groups of Kayah State.
- » The entrance fee for foreigners is **5,000 Kyats**.

### THIRI MINGALA HILL

- » Taung Kwe Pagoda rests on these peaks, creating a majestic sight of what seems like a kingdom of pagodas at the hilltop.
- » The sunset here is simply amazing. At night, the temple glows brightly lit with lights and candles. Visitors bringing their camera can be charged from **300 Kyats to 1,000 Kyats**.

- » Slurp on affordable and tasty noodles for only 500 Kyats at stalls and shops located along the wooden bridge on Highway 5.
- » Munch on deep-fried snacks that no one can resist while sipping on warm tea at quaint tea houses around town. It is best to go early in the morning for a fresh batch of fried snacks.
- » Warm dumplings stuffed with fragrant spring onions and tofu can be found in markets around monasteries and temples.
- » Taste **Myanmar Beer** while interacting with fellow travellers and backpackers in the town's lively pubs and bars.



### PAN PET VILLAGE

- » Travel 2 hours from Loikaw to visit the locals living in Pan Pet Village. Dubbed the '**long-neck women**', Kayan women practise the tradition of putting on brass neck rings for generations, starting as early as **5 years old**.
- » Here's your chance to try authentic and traditionally made Kayah sausages and wine too.

### SUNBOON VILLAGE

- » At this village, many ethnic groups still practise traditional lifestyles that have been passed down for generations such as handicraft making, and weaving of traditional costumes and accessories.
- » There are still wooden houses made as well as **nat (spirit) worshipping** here for the ultimate cultural experience.

- » Explore the local markets and encounter different ethnic groups in the state. There will be Kayan people with brass neck rings and Kayaw people proudly wearing their traditional dress every day.
- » Local food, snacks and souvenirs are abundant in the markets. Buy **handwoven souvenirs** from the Kayahs and handmade trinkets from the Kayaw people.

## ACCOMMODATION

There are plenty of affordable and comfortable accommodations available in Loikaw. Several hotels, guesthouses and inns provide basic facilities that are shared with other travellers. By paying slightly more, you will also be provided with breakfast. The price may range from **22,500 Kyats to 90,000 Kyats** per night, depending on the type of room requested. Most of these accommodations also provide free WiFi, shared bathrooms and hot water.